



Advancing Excellence in America's Nursing Homes

Excellent Ideas

NEW YEAR, NEW GOALS, NEW RESOLUTIONS!

You're well on your way and working towards your personal goals that you set earlier this year. Don't forget that it is also time to select your nursing home's resolutions for 2013. Build a performance improvement project by choosing from the nine new goals and resources available on the [Advancing Excellence in America's Nursing Homes Campaign](#) website.

Be sure to select at least one process goal **and** one additional goal from either category (process or clinical outcome) to become a registered participant:

Process Goals

- Consistent Assignment
- Hospitalizations
- Person-Centered Care
- Staff Stability

Clinical Outcome Goals

- Infections
- Medications
- Mobility
- Pain
- Pressure Ulcers

Getting started – Steps for choosing your quality improvement goals:

1. Hold a facility meeting, and be sure to include an interdisciplinary team, with staff from all levels and departments. Include, at a minimum, the administrator, director of nursing, therapy and activity staffs, and other key employees. Hold discussions about the nine goals and the resources available to help you achieve quality improvement.
2. Review information such as the quality measures, incident reports, satisfaction surveys and other data as well as reports from family and resident councils, complaints and deficiencies to inform your decision.
3. For your performance improvement project, choose two or more goals from the lists above, keeping in mind what changes would most improve the residents' quality of care and quality of life.

Select your goals online – Steps for selecting your facility's goals:

1. Log in to your facility account on the [Advancing Excellence](#) website.*
2. Click on "Update My Goal Selection" from the menu on the left side of the screen.
3. Check the boxes for your facility's selected goals.
4. Click the "Save" button at the bottom of the screen.

PREVIEW PERIOD

The "preview period" for the Campaign's new goals will be until May 1, 2013. Until that time, facilities can select or re-select different goals; on May 1, however, goals will be locked until the next open enrollment period.

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